



**SREE SANKARA COLLEGE KALADY**

**AQAR 2023-24**

INTERNAL QUALITY ASSURANCE CELL



**SREE SANKARA COLLEGE KALADY**

**2023-24**

**CRITERION - 7**

**INSTITUTIONAL VALUES  
AND  
BEST PRACTICES**





# SREE SANKARA COLLEGE KALADY

2023-24

CRITERION - 7

INSTITUTIONAL EFFORTS/INITIATIVES IN  
PROVIDING AN INCLUSIVE ENVIRONMENT I.E.,  
TOLERANCE AND HARMONY TOWARDS  
CULTURAL, REGIONAL, LINGUISTIC, COMMUNAL  
SOCIOECONOMIC AND OTHER DIVERSITIES

## Hands on training and Registration of Voter's ID



- *Electoral Literacy Club and Department of History and Political Science in association with Electoral Registration Office, Aluva conducted Hands on Training and Registration of Voter's ID on Oct 12, 2023 at College Auditorium*

## Book Donation



- *On June 1, 2023, Sri.Rajeev Nair, an alumni of the Commerce Department donated Management Books to the library.Sri.C.P.Jaisankar( Chief Operations Officer, Adi Sankara Managing Trust), Dr. Preethi Nair ( Principal) , Dr.Anitha Abraham ( DDO, Sree Sankara College),Dr Anumol ( President Alumni Association) ,Sri Pradeep,(Secretary Alumni Association.) were present.*

## Reading Day



- *June 19, the death anniversary of Sri. P.N.Panicker, has been observed in Kerala as Vayanaadinam (Reading Day) since 1996. The Department of Education in Kerala also observes Vayana varam (Reading Week) for a week from June 19 to 25. Sri Abhinava Vidya Theertha Learning Resource Centre celebrated Reading Day 2023 with various programs. A poster completion was conducted among the students of the college and several students participated in the competition. Janaki S Kurup (B.Sc Zoology) achieved the first prize and Amaana Fathima (B.A.Economics) secured the second prize. Dr.Anitha Abraham, DDO distributed the prizes to the winners.*

### *“AKSHARATHANAL*



- *As part of the outreach programme, “Aksharathanal”, library in association with Department of Malayalam organized a short story competition among the Higher Secondary students of Brahmanandodayam Higher Secondary School, Kalady. Dr. Manju T IQAC coordinator distributed the prizes on 22-06-2023*

### **AKSHARATHANAL - BOOK DONATION TO TRIBAL SCHOOL**



- *As part of the outreach activities, the Learning Resource Centre, in collaboration with the Literary Club; Sargamithra, donated books to the Model Residential School, Chalakkudy, which is managed by the Tribal/Social Welfare Department.*

# UNARV

**SREE SANKARA COLLEGE, KALADY**  
 Sri Abhinava Vidya Theertha Learning Resource Centre  
 Anti-drugs and Narcotic Cell  
 Invites you for the release of anti-drug leaflet

**UNARVU**

23-02-2023  
 11.00 am Auditorium

**Programme Schedule**

Prayer  
 Welcome Address - Dr. Mini K D, Member, Anti-Drug Cell  
 Presidential Address- Dr Freethi Nair, Principal  
 Inaugural Speech & Leaflet Release- Sri. K. Anand, Managing Director  
 Special Address- Sri. C.P. Jaisankar, Chief Operations Officer  
 Interactive Session with Thrivers  
 Felicitation: Dr. Manju T, IQAC Coordinator  
 Vote of Thanks- Dr.Midhula Soman V S, Librarian



കാലടി പ്രീതിജാല കോളേജിൽ അക്രമവാഹനത്തിൽ പ്രവർത്തിക്കുന്ന മാനിക മനേജർ ട്രൂപ്പ് അദ്ധ്യക്ഷ ആനന്ദ് പ്രകാശിപ്പിക്കുന്നു

## ലഹരികെതിരെ മാനിക പുറത്തിറക്കി

കാലടി പ്രീതിജാല കോളേജിലെ ശ്രീ അഭിനവ വിദ്യാതീർത്ഥ ലേണിയിൽ റിസോഴ്സ് സെന്റർ 'ഉണർവ്' എന്നപേരിൽ ലഹരികെതിരെ ബോധവൽക്കരണ മാനസിക പുറത്തിറക്കി. ആദിശങ്കര മാനേജർ ട്രൂപ്പി

കെ.ആനന്ദ്, പ്രിൻസിപ്പൽ ഡോ. പ്രീതി നായർകുട്ടി മാനസിക നൽകി പ്രകാശിപ്പിച്ചു. മന്യത്തിന്റെയും മയക്കുമരുന്നിന്റെയും ദുഷ്പ്രഭാവങ്ങൾ സംബന്ധിച്ച ലേഖനങ്ങൾ ഉൾക്കൊള്ളുന്ന മാനസിക വിദ്യാർത്ഥികളും അദ്ധ്യാപകരും ചേർന്നാണ് അയ്യോ

റാമലിനത്ത്. ചടങ്ങിൽ ആദിശങ്കര ചീഫ് ഓപ്പറേഷൻ ഓഫീസർ പ്രൊഫ. സി.പി.ജയശങ്കർ, ആന്റി ഡ്രഗ്സ് സെൽ മെമ്പർ ഡോ. കെ.ഡി.മിനി, ഡോ. ടി.മഞ്ജു, ഡോ. വി.എസ്.മിഥുല സോമൻ എന്നിവർ സംസാരിച്ചു.

ദേശാഭിമാനി Sat, 25 February 2023 <https://epaper.deshabhimani.com/c/71777455>



- The release of an anti-drug leaflet by a college library is the first of its kind in Kerala. On September 19, 2023 LRC presented UNARV the anti-drug leaflet to the Kerala Government. Dr.R.Bindu, Minister of Higher Education, received the leaflet.

## Green Chemistry and Environmental Sciences-ICGCES-2023



The image displays the conference program and event photos. The top left is a poster for the ICGCES-2023 International Conference on Green Chemistry and Environmental Sciences, held on 20 July 2023 in Kerala, India. The poster features logos for IQAC, Institution's Innovation Council, and 75th Anniversary of IASSTOSV. It lists the organizing department and university, and provides a website link.

The top right is a 'Programme at a Glance' section titled 'Keynote Lectures By'. It lists four technical sessions with their respective speakers and topics:

- Technical Session I:** Dr. Nayem Mullaigal, Department of Biological and Environmental Sciences, Qatar University. Topic: "Green Applications of Marine Natural products: an algal story"
- Technical Session II:** Dr. Shajin SS, Head, Department of Chemical Oceanography, CSCEAT, Cochin. Topic: "Ocean Color Remote Sensing for Environmental Research"
- Technical Session III (Online):** Dr. Shafeer Kalathil, Assistant Professor, FC Senior Fellow, Northumbria University, UK. Topic: "Microbial Solutions for Climate and Energy Crises"
- Technical Session IV:** Dr. Sarika A R, Scientist, KSCSTE, Thiruvananthapuram. Topic: "Exploring the interplay of Microbiome and Environment"

Below the sessions is a 'Call for Abstracts' section, followed by a 'Registration fees' table and 'Dates to remember'.

Students	Delegates/PhD aspirants	
	Faculty	Industrial Professionals
₹ 250	₹ 500	₹ 2000

**Dates to remember:**  
 15<sup>th</sup> July 2023: Registration for delegates/participants  
 18<sup>th</sup> July 2023: Deadline for the submission of abstract

The bottom half of the image contains three photographs: the top left shows the inauguration ceremony with several women lighting a traditional lamp; the top right shows a group of people on stage during the event; the bottom photo is a large group photograph of all conference attendees seated in a hall.

- Research and Postgraduate Department of Chemistry, Sree Sankara College, Kalady organised an International Conference on Green Chemistry and Environmental Sciences-ICGCES-2023 in collaboration with Mahatma Gandhi University, Kottayam, IIC, and IQAC Sree Sankara College, Kalady on 20<sup>th</sup> July 2023. This Conference was an event dedicated to promoting and advancing sustainable solutions, research, and innovation in the fields of green chemistry and environmental sciences. The registration of the Conference started at 9.00 am and inaugural session was from 10 -10.45 am. The programme was presided over by the Principal Dr. Preethi Nair, the Keynote address was delivered by Chief Operations Officer Prof. C P Jaisankar, and inaugurated by the Chief guest of the Conference, Dr. M Gopalakrishna Pillai, Director of Sophisticated Test and Instrumentation Center, Cochin University of Science and Technology. Dr. Sreekala M S, Associate Professor, School of Chemical



*Sciences delivered felicitation address. The programme convenors were Dr. Jesitha K (Assistant Professor, Department of Chemistry and, Ms Manjula Krishnan (Assistant Professor and Head, Department of Chemistry). The student coordinators were Mr. Vivek T M (Msc Chemistry), Ms. Aleena Biju (BSc Chemistry) and Abhijith M (Research Scholar, Mahatma Gandhi University). A total of one hundred participants including students and faculty members attended the programme. Technical sessions of the Conference comprised of invited talks by eminent Personalities working in the related fields. The sessions were handled by Dr. Nayeem Mullungal from Department of Biological and Environmental Sciences, Qatar University on the topic 'Green Applications of marine natural products:an Algal Story'; Dr Shafeer Kalathil , Assistant Professor and VC Senior Fellow, Department of Applied Sciences , Northumbria University, UK on the topic 'Microbial Solutions for Climate & Energy Crises', Dr. Shaju S S, Head of the Department of Chemical Oceanography, Cochin University of Science and Technology on the topic 'Ocean colour remote sensing for environmental research' and Dr. Sarika A R Scientist from KSCSTE on the topic 'Exploring the Interplay of Microbiome and Environment'. With a view to encourage research scholars/young scientists, oral presentations were included and the the Best oral presentation was awarded. Mr. Deepak Prabhu from Maharajas College, Ernakulam won the Award for the Best oral presentation. The International webinar provided a platform for faculty, research scholars and students to interact personally with trend setters in the concerned fields thereby paving the way for enhancing their research aspirations*

## Innovation and Outreach programme in School/Community(Stitching Dreams)



- The Entrepreneurship Development Club of Sree Sankara College Kalady in association Institutions innovations council (IIC), Sree Sankara College, Kalady initiated a skill development training centre, “Stitching Dreams: Organising Innovation and outreach programme in Schools/Community “ which provides Stitching training for the unemployed women in Kalady Grama Panchayat the training is being given by the students of Sree Sankara College. The programme was inaugurated by Sri. K Managing Director, Sree Sankara College Kalady. 10 ladies were selected as trainees in the first stage.*

## Exploring the creative potential of graduate students in start-ups and funding Opportunity





- The inaugural function of the Economics Association was held on 14<sup>th</sup> August 2023. Dr. P. Geetha, Head, Department of Economics welcomed the gathering. Dr. Renu Susan Samuel, President Innovation Ambassador, IEDC Assistant Nodal Officer, Department of Economics, St. Peter's College, Kolenchery inaugurated the Economics Association and delivered the inaugural talk on Exploring the creative potential of graduate students in start-ups and funding Opportunity. She addresses establishing an enterprise or becoming an entrepreneur. Persistence is a key characteristic of an entrepreneur. She talks about the importance of startups and the challenges that students encounter. She continued by noting that younger kids often propose fresh business venture concepts, which will be the first steps towards success. About 60 people took part in the programme, including faculty members, graduate students, undergraduate students, and research scholars. Parvathy from DC2 Economics gave the vote of gratitude at the conclusion of the programme.

*One day seminar on Man & Wild life conflict to coexistence*

## ENERGY CONSERVATION DAY



- *Every year, on December 14th Energy Conservation Day is being commemorated world over. It is aimed at raising awareness about energy usage, ensuring the affordability of safe and sustainable energy for all people while targeting carbon emission reduction. The true meaning of energy conservation is to avoid unnecessary use of energy and to use at least power so that energy sources can be saved for future uses. To make energy conservation plans more effective, every person should include energy conservation in their behaviour. Bhoomitrasena Club of Sree Sankara College took the true spirit of Energy conservation & celebrated the Energy Conservation Day on 15th December 2023 with diverse programmes. The one-day programme was charted as follows: In the Forenoon session two talks by eminent experts in the focal area and an Energy Literacy quiz in the afternoon. The programme started at 10.30 am with evoking the God's presence through the prayer by Janaky S Kurup and Anamika S of II DC Zoology. Programme Coordinator Dr. Mini K D welcomed the gathering. Principal Dr. Preethi Nair inaugurated the program and stressed the significance of celebrating such environmentally relevant days. The session started at 10.45 am by Sri. Sijo George, Associate Professor, EEE, ASIET Kalady. We were lucky to have very apt person to take the class as he is the Resource Person of Energy Management Centre*

Kerala. He spoke on the topic 'Energy Conservation & Energy Efficiency' and explained well the differences between energy conservation and energy efficiency. EE and EC measures can help to directly lower energy costs for consumers and potentially reduce greenhouse gas emissions associated with energy use. Consumers also benefit indirectly when reducing their electricity demand helps to reduce costs of electricity generation, transmission, and distribution. High electricity demand often results in higher costs for power generation and electricity transmission, which are passed on to customers in their utility bills. The second session was at 11.50 pm which was led by Sri. Azeem K, Senior Consultant, Alenzo Energy Pvt. Ltd. on the topic; Home Energy Audit. It was really an important topic of practical application. Energy auditing will help consumers to (i) map energy usage in their households, (ii) conserve energy, (iii) improve energy efficiency and thereby (iv) maximize their household energy and cost savings. Students raised their doubts regarding the method of auditing which was cleared by the resource person. The class was ended up at 1.30 pm for lunch. Afternoon session was planned to engage with the Energy Literacy Quiz. 12 teams of 2 students each were enrolled for the quiz. A preliminary round of screening test was conducted to select the teams for final round. 4 teams were chosen for the final round competition. Dr. Sinitha, Dr. Anumol and Dr. Manju, the faculty members of BMC led the quiz. It was really interesting and all the contestants participated actively. The 1 year M.Sc. Students of Environmental science department secured the first prize followed by the students of II year Zoology ( II Prize) and Physics department got the Third prize. The winners were given the prizes.

**TARJANI 2023**



- Tarjani 2023, historic fest was conducted by Heritage Club and Sree Sankara College, Kalady in collaboration with Kalady Grama Panchayat and Bharat Scout and Guides, NSS HSS, Manikyamangalam on 25/10/23 and 24/10/23. The program include an historical exhibition and a book fest.

## **AZAD SENA**

*According to the order from the Govt. of Kerala to curb the accelerated use of drugs in the campuses Azad Sena was formed in our campus. It includes students and Staff as its members. Many programs were planned to organise and some of them were already completed.*

### **'Aruthu Lahari Campaign'**

- *An awareness campaign on the hazardous consequences of drugs were organised among the students which was lead by the student convenors Preeth and Anandu Saji. Students were asked to spread the message of the anti-drugs campaign to one and all so that no one else is sucked into the abyss of drug abuse...*
  - **Say No to Drugs – Awareness Class**
- *Session on no to drugs by Smt. Dhanya, Civil Excise Officer was given to the Freshers . The class was very effective as the Resource person exposed real life stories of the drug victims.*



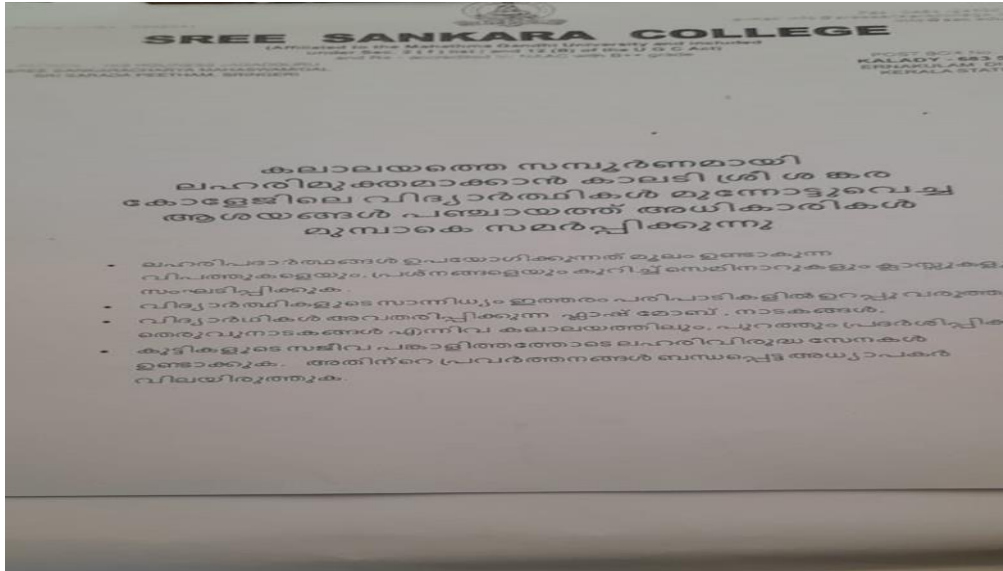
### • **Anti-Drug Pledge**

*Students and Teachers together took the pledge to make the students abstain from the use of illegal drugs.*



***Make Sankara Campus Drug-Free***

- To make the campus drug free, students were instructed to put forth their ideas. All department reacted positively towards this drive. The ideas suggested by the students were collected and compiled. As per the direction from the Government, the compiled data was handed over to the Kalady Panchayath President Sri. A.O Antony.



### **Quiz Competition**

Quiz competition was conducted among selected teams of our institution which was jointly organised on 16/10/23 by Excise department and Anti- Drug & Narcotic cell of Sree Sankara. Civil Excise Officer Dhanya & X. Salahudhin conducted the quiz. 9 teams were participated. Team of Preeth Johny and Devika B of II D C Zoology won the I Prize and Riya Augustine & Sivatheertha of III D C Botany secured II Prize. Both teams were qualified for the District level competition. District Level Quiz Competition was organised by Vimukthi and District Excise Department. Preeth Johny and Devika B of II DC Zoology bagged III Prize.



<p><b>GOVERNMENT OF KERALA</b>          KERALA STATE EXCISE DEPARTMENT</p> <p><b>CERTIFICATE</b>          OF APPRECIATION</p> <p><i>This is to certify that</i></p> <p>Master: <u>Preethi Johny</u>          Sree Sankara College, Kalady          has won Third Prize          in the District Level Quiz Competition          conducted by the Mission &amp; Excise Department Government of Kerala in Co-operation with          Adithariyam Lahariyude Niyamagal</p> <p>11.2023</p>	<p><b>GOVERNMENT OF KERALA</b>          KERALA STATE EXCISE DEPARTMENT</p> <p><b>CERTIFICATE</b>          OF APPRECIATION</p> <p><i>This is to certify that</i></p> <p>Kumari: <u>Devika P</u>          Sree Sankara College, Kalady          has won Third Prize          in the District Level Quiz Competition          conducted by the Mission &amp; Excise Department Government of Kerala in Co-operation with          Adithariyam Lahariyude Niyamagal</p> <p>11.2023</p>
<p><b>TENYMON. B</b>          DEPUTY EXCISE COMMISSIONER, I</p>	<p><b>TENYMON. B</b>          DEPUTY EXCISE COMMISSIONER, I</p>



## ANTI-RAGGING AWARENESS



- *As a part of the orientation programme conducted by the college on 11/7/2023 by, Kavitha Sivadas, convenor of the Anti Ragging Cell*

## LEGAL AWARENESS CLASS

The image is a composite. On the left is a purple poster for a talk. The poster includes the logo of Sree Sankara College Kalady, the text 'GENDER SENSITIVITY CELL, SREE SANKARA COLLEGE KALADY organizes a talk on', the title 'A Handbook for Gender- Just Language: A Judicious Move Towards Gender Neutral India.', a photo of Adv. Akshara R Nair, her name and qualifications 'Resource Person Adv. AKSHARA R NAIR BBA LL.B. (Hons)', the co-ordinator 'Dr. Rose Mary Palatty', and the event details: 'Venue:- Seminar Hall', 'Date:- 2/11/2023', and 'Time:- 10.30 to 11.30'. At the bottom of the poster is a graphic of stylized human figures in pink and blue. On the right is a photograph of a large audience of students seated in a hall, attending the class.

- *Name of Resource Persons Adv. Akshara R Nair, LLM (Student), Inter University Centre for IPR Studies, CUSAT, On 16 August 2023, Honourable Chief justice of India D Y Chandrachud released a Handbook on Combating Gender Stereotypes to be used by judges and legal community. This handbook is a guide to gender just language. It encourages the use of gender neutral language that avoids patriarchal stereotypes which have been used for decades. It also includes a sub-chapter on gender fluidity and*

*discusses harmful stereotypes that can exist with respect to any gender identity. The talk introduced the handbook to students and familiarized them with gender unjust terms and suggested alternative words or phrases. An active interactive session was followed after the talk. Around 137 students participated in the programme.*

### ***ENVIRONMENT AWARENESS PROGRAMMES***

- *On the occasion of World Environment Day on June 5th, Sree Sankara College, Kalady organized a series of impactful Environment Day programs, spearheaded by the NCC Unit. The day began at 8:30 am with an enthusiastic effort to make the entire college premises free from any traces of garbage. Motivated by the vision of a garbage-free world, dedicated NCC cadets diligently cleared all plastic waste from Mator Road to Sankara Road and its surrounding areas. In their commitment to raise awareness about the pressing issue of waste management, NCC volunteers embarked on a door-to-door campaign. They took a solemn pledge from each household and distributed eco-friendly paper bags to local shops, aiming to foster a greater sense of responsibility in the community towards building a waste-free society. The invaluable contributions of Sergeant Akhila Ashok and Sergeant Ann Maria James must be acknowledged, as they actively participated in the 'Sharp' Environment Day event organized by Aluva Metro in association with Plan@earth an organisation dedicated for waste recycling . Proudly representing Sankara College, they arrived at 8 am and undertook the commendable task of clearing the Metro and its surroundings of litter and waste. Their unwavering dedication and efforts persisted until 5 pm, culminating in the successful completion of the program. The students of Sankara College deeply comprehend the significance of preserving and safeguarding our environment for the benefit of future generations. They firmly believe that maintaining a garbage-free ecosystem is not just a responsibility, but a precious inheritance that must be protected and cherished. The program commenced at 8:30 am and concluded at 1 pm, leaving a lasting impression and inspiring all participants to continue their noble efforts in maintaining a cleaner and greener world.*



- Plant saplings were planted in the Birds's Space of our campus which was inaugurated by the Coordinator Dr. Mini K D. Students actively participated in the drive. They collected many fruit plant saplings and planted. Painting Competition based on the topic 'Save birds from Plastic Pollution' which was open for both School and College students. Many entries were received. Paint A Bird Competition on National Bird Day 5/1/2024 In connection with National Bird Day 'Paint a Bird' Competition was organized.

**BIRDSCLUB INTERNATIONAL**  
**SREE SANKARA COLLEGE KALADY**  
**WORLD ENVIRONMENT DAY**  
**2023**

- PLANTING FRUIT SAPLINGS IN OUR BIRD SPACE
- PAINTING COMPETITION - THEME 'Save Birds from Plastic Pollution'
- PARTICIPANTS OF THE COMPETITION ARE REQUESTED TO SEND THEIR PAINTING IN A4 SIZE PAPER TO:

- DR. Manju V Kumar email : [manjuvasanth@gmail.com](mailto:manjuvasanth@gmail.com)
- Smt. Lakshmi Priya M R : [lakshmi.shibu@gmail.com](mailto:lakshmi.shibu@gmail.com)

Contact No. 9605055445

Dr. Mini K D  
Coordinator

**BIRDSCLUB INTERNATIONAL**  
**SREE SANKARA COLLEGE KALADY**  
**WORLD ENVIRONMENT DAY**  
**2023**

**Painting Competition Winners**

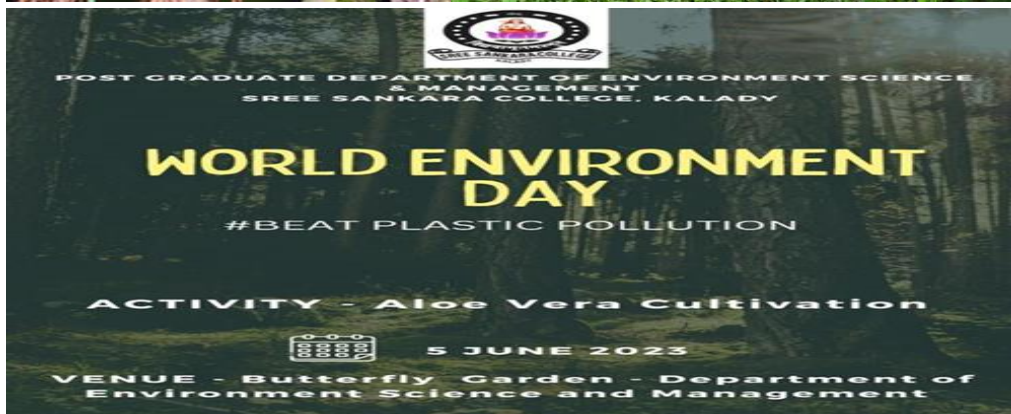
**First Prize** Janaki S Kurup II DC Zoology SSC Kalady  
**Second** Amrutha Suresh St. Teresa's Ernakulam  
**Third** Aniruddh Menon Std. VII, Bhavan's Vidyamandir, Erroor  
 Sivatheertha C P Dept. of Botany SSC Kalady

Congratulations to the Winners.....

**BIRDS CLUB INTERNATIONAL**  
**SREE SANKARA COLLEGE KALADY**  
 Prize winning Paintings

Dr. Mini K D  
Coordinator

- *Post Graduate Department of Environment Science and Management initiated an Aloe Vera Cultivation in our college campus to produce value added products from the organically cultivated Aloe Vera plants as a pilot project.*



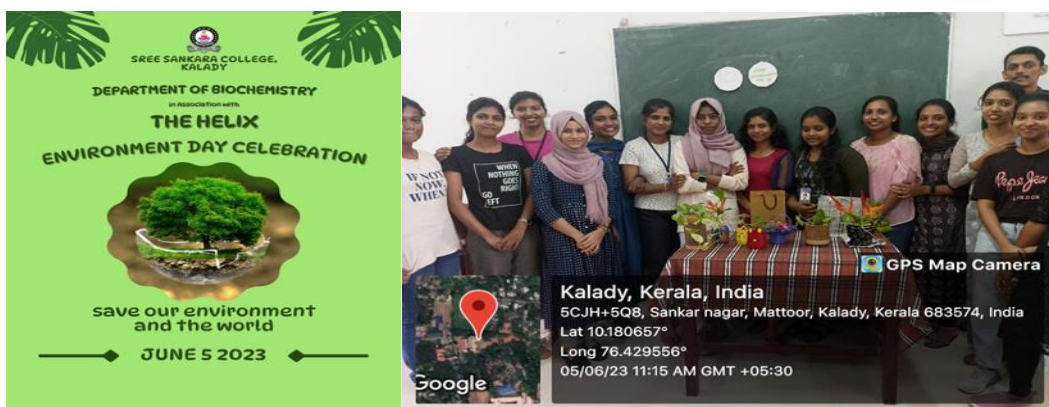
- *On June 5, “Parnika” NSS UNIT celebrate the Environment Day with various activities. Saplings were planted in the adopted school, college premises, and the college hostel. The event was inaugurated by Dr. Preethi Nair, the principal, highlighting the commitment to environmental conservation.*



- *On the occasion of World Environment Day, the students of the Department of Economics, Sree Sankara College, Kalady distributed saplings and seedlings among the households in the neighbourhood of Sree Sankara College. The students also alerted the members of the community about the unimaginable health problems of mounting plastic pollution in the awareness class during their home visit.*



- *The Helix- Association of Biochemistry celebrated Environment Day on June 5 2023. By keeping the theme of Environment Day 2023- 'Beat Plastic Pollution' the students planted indoor plants in pots made out from plastic waste.*



## GREEN CAMPUS DRIVE INITIATIVE

- *The Green Campus Drive, initiated by the Department of Biotechnology, aims to foster a clean, environmentally friendly campus environment. Launched on December 15th, 2023, the initiative seeks to raise awareness about environmental issues, particularly focusing on reducing plastic pollution and promoting sustainable practices within the campus community. The launch event of the Green Campus Drive was marked by an energetic flash mob organized by students from the Department of Biotechnology. The flash mob served as an engaging way to capture attention and kickstart the initiative. Following the flash mob, a mime show was performed to depict various instances of plastic pollution prevalent in everyday life. Through artistic expression, the audience was sensitized to the detrimental effects of plastic pollution on both the environment and human health. Awareness Campaign-The event served as a platform to raise awareness about the health concerns associated with the ingestion of microplastics and the environmental hazards posed by plastic burning. Informational materials, presentations, and interactive sessions were conducted to educate participants about the importance of adopting eco-friendly practices. Key Objectives-Reduce Plastic Pollution: Encourage the adoption of sustainable alternatives to single-use plastics and promote recycling initiatives. Raise Awareness: Educate the campus community about the adverse effects of plastic pollution on the environment and human health. Promote Behavioural Change: Inspire individuals to adopt eco-friendly habits and contribute towards building a greener campus environment.*

@ SREE SANKARA COLLEGE

**Join Us!**

BE A PART OF THE SOLUTION. TAKE A STAND FOR OUR PLANET AND INSPIRE POSITIVE CHANGE IN YOUR COMMUNITY. TOGETHER, WE CAN MAKE A DIFFERENCE!

**Clean Our Campus**

**START Now!**

**Every Step Counts**

EMPHASIZE THE POWER OF INDIVIDUAL ACTIONS. ENCOURAGE PEOPLE TO ADOPT ECO-FRIENDLY HABITS SUCH AS RECYCLING, CONSERVING ENERGY, AND REDUCING WASTE. REMIND THEM THAT EVEN SMALL CHANGES CAN HAVE A SIGNIFICANT IMPACT ON OUR ENVIRONMENT.

Organized by Dept. of Biotechnology

**SREE SANKARA COLLEGE**

**SMALL ACTS WITH BIG IMPACT TO SAVE OUR EARTH**

**Reduce, Reuse, Recycle**  
Cut down on what you throw away. The three R's to conserve natural resources.

**Shop Wisely**  
Buy less plastic and bring reusable shopping bags.

**Conserve Water**  
The less water you use, the less runoff and wastewater, that eventually end up in ocean.

**Plant More Trees**  
Trees provide food and oxygen. They help to save energy, clean the air and help combat climate change.

**Clean Your Surroundings**  
Keep your surroundings and use biodegradable materials for daily needs.

**ORGANIZED BY DEPT. OF BIOTECHNOLOGY**



**BHOOMITRASENA CLUB**  
**SREE SANKARA COLLEGE**  
**KALADY**

**WORLD ENVIRONMENT DAY 2023**

Theme: "Focus on beating plastic pollution and spotlight solutions to plastic pollution"

7:02 am

**PROGRAMMES**

- Planting saplings in the campus.
- Release of the Annual Report of BMC 2022.
- Launching of Bhoomitrasena Club website.
- Talk on "Life for energy conservation" by Sri.Sijo George, Associate Professor EEE, ASIET, Kalady

**VENUE: SEMINAR HALL, SREE SANKARA COLLEGE, KALADY**

**DATE: 5/06/2023**  
**TIME: 10:30 AM**

**DR. MINI K D**  
Coordinator



- World Environment Day 2023 was celebrated by Bhoomitrasena Club (BMC) in association with IIC, Sree Sankara College, Kalady on 5/6/2023. Saplings were planted by the Principal Dr. Preethi Nair, Coordinator of Bhoomitrasena Club Dr. Mini K D and other Staff and students. The program was inaugurated by the Principal Dr. Preethi Nair. The official website of BMC was launched by Sri. C P Jaisankar, COO of Adi Sankara Group of institutions. The Annual report of BMC 2022 was released by Dr. D Pramila Devi, the Former Coordinator of BMC and the retired Faculty of Dept. of Chemistry. The afternoon session was engaged by Sri Sijo Joseph, Associate Professor, EEE, ASIET, Kalady by delivering a very effective and useful session on 'Energy Conservation' in daily life.*



- International Plastic Bag Free Day Was Celebrated On July 3 Rd. The Program Began By 10.00 Am. Cadets Created Creative Materials From Plastic As A Way Of Recycling Them. They Also Put Up Posters Describing The Drawbacks Of Plastic. Paper Bags Made By Cadets Were Presented To Spread Interest In Using Paper Bags. Ano Lt. Rajy*



Ramakrishnan Ma'am Expressed The Downside Of Usage Of Plastic.The Program Ended By 11.30 Am



### NALLONAM



- As part of the Onam celebrations, on August 25, NSS Unit 048 organized two other impactful initiatives, "Nallonam" Onam Kits Distribution and "Snehapudava" Programme apart from the "Kunjudup" programme at adopted school. These initiatives aimed at spreading joy, promoting inclusivity, and fostering a sense of community during the festive season. NSS volunteers arranged and distributed "Nallonam" kits, each valued at 1000 rupees, to 15 deserving recipients in the adopted village. The kits, thoughtfully chosen for the Onam festivities, included essential items

*to enhance the celebratory spirit of Onam. The distribution of these kits was a gesture to uplift the community and share the joy of Onam with those in need. The distribution of "Nallonam" kits was officially inaugurated by the Ward Member, K.T. Eldhose. As part of the "Snehapudava" programme, the unit extended support to ten financially backward or unsupported women. These women were presented with "Onakkodi," symbolizing a gesture of love and care during the festive season. The programme aimed to bring joy to the lives of those facing economic challenges and to promote a sense of inclusivity within the community. The "Snehapudava" programme received the gracious presence of the Principal and the Ward Member. Their participation in the event emphasized the importance of community support and solidarity, especially during festive occasions.*

### KARUTHALONAM



- On Friday, August 18th, 2023, the Department of Biotechnology at Sree Sankara College organized a vibrant Onam celebration at the Pothiyakara Sneha Sadan Special School. This event was part of the department's extension activities aimed at promoting understanding and fostering connections among various social groups. The primary objective was to bridge the gap between different sections of society while spreading*

*joy and cultural richness. The event witnessed enthusiastic participation from the department's students who showcased not only their artistic talents but also their eagerness to engage in meaningful interactions with the inmates of the Sneha Sadan Special School. The students organized a variety of entertainment programs, including solo and ensemble performances, which captivated the audience and brought smiles to their faces. Beyond merely providing entertainment, the students actively engaged the inmates in therapeutic and educational activities such as paper crafting. These activities not only brought moments of joy but also served as avenues for learning and personal growth for the inmates. As a gesture of solidarity and support, the Department of Biotechnology gifted Onam special sweets and provided a small financial contribution to the Sneha Sadan charity. This token of love and generosity symbolized the department's commitment to making a positive impact in the lives of others, especially those in need. The Onam celebration at Pothiyakara Sneha Sadan Special School was a resounding success, thanks to the dedication and efforts of the department's students and faculty. It exemplified the spirit of compassion, inclusivity, and cultural exchange, reflecting the core values of Sree Sankara College and its Department of Biotechnology. Moving forward, the department remains committed to organizing similar events that not only enrich the lives of the community but also foster a sense of belonging and mutual respect among all social groups.*

***A ROAD TO READ" PROGRAMME WITH REGARDS TO NATIONAL READING DAY.***

# A Road to Read

19-06-2023



WITH REGARDS TO NATIONAL READING DAY THE NCC UNIT AND DEPARTMENT OF ECONOMICS SREE SANKARA COLLEGE, KALADY CONDUCTED A BOOK COLLECTION CAMPAIGN AND CONTRIBUTED AROUND 382 BOOKS TOWARDS MAKING A LIBRARY AT SIVAJIPURAM.



SREE SANKARA COLLEGE, KALADY  
NCC UNIT  
22(K) BN NCC, ELOOR



@ncc\_sankara\_mattoor\_kalady

ncc sree sankara college kalady

- *Ncc Unit And Economic Department Of Sree Sankara College, Kalady Conducted "A Road To Read" Programme With Regards To National Reading Day. Cadets Of Our College Contributed Many Books To The Programme And Also Collected Books From College Locality By Conducting A Books Collecting Campiang. We Contributed Around 500 Books For Establishing A Library At Shivajipuram.*

## VASUDEVA KUDUMBAKAM



SREE SANKARA COLLEGE KALADY  
NCC UNIT  
22 (K) BN NCC, ELOOR



## VASUDEVA KUDUMBAKAM YOGA DAY CELEBRATION -2023



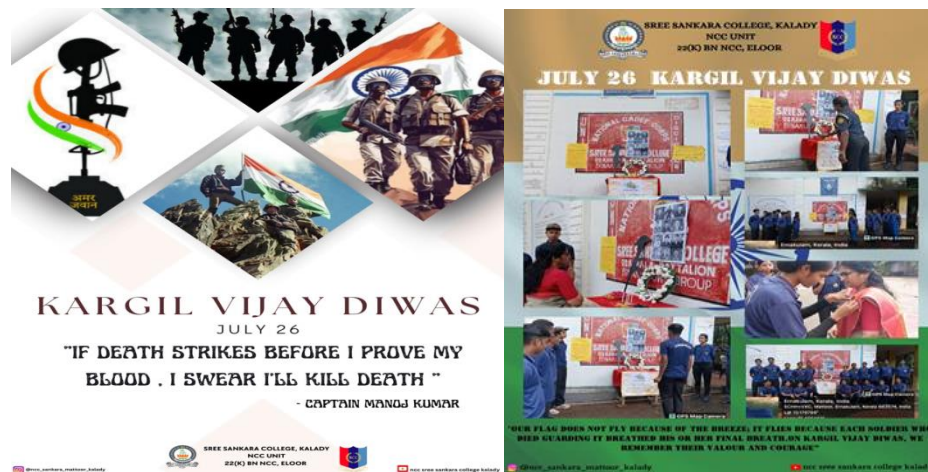
@ncc\_sankara\_mattoor\_kalady

ncc sree sankara college kalady

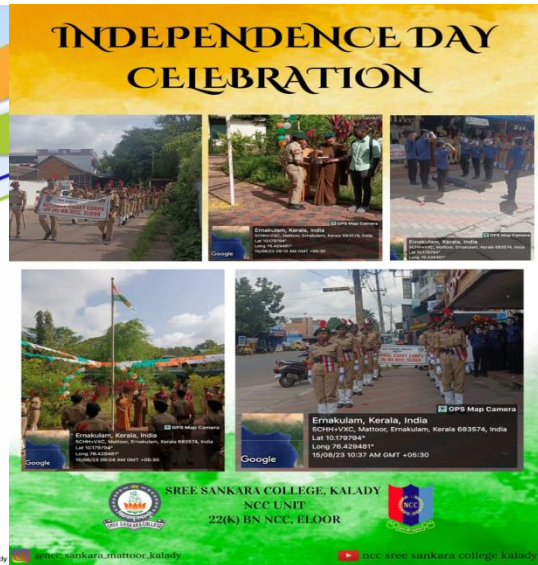
- *June 21 international yoga day celebration was held at Sree Sankara college, Kalady. The fall in time was 9:30 AM. 45 CADETS were present. After checking the turnout, cadets gathered at the seminar hall. The programme started by lighting the lamp at 10:00 AM. Welcome speech was delivered by Dr.Soumya A P. C P Jayashankar sir acquainted everyone about yoga and its benefits . He also told about a set of videos*

each of 15 minutes that would be provided as a course . Dr. Preethi M Nair spoke about yoga and its effect in everyone's life. Dr. Anil Kumar Sir gave an elaborate speech on yoga and ayurveda. He expressed the connection between music and yoga. He spoke in detail about the 8 steps in yoga and its importance. Reshmi Devaraj ma'am articulated about yoga and its importance in our life through a meditation by recollecting our past and understanding our negatives. She made everyone aware of their positive and negative and gave instruction to turn every negative to a positive. Vipin Gurukul sir demonstrated surya namaskar in the indoor stadium and our 2 cadets assisted him by doing the demo. The programme concluded by 12.45 pm.

## KARGIL VIJAY DIWAS



## INDEPENDENCE DAY



- Independence Day is celebrated annually on 15 August as a public holiday in India commemorating the nation's independence from the United Kingdom on 15 August 1947, the day when the provisions of the Indian Independence Act, which transferred legislative sovereignty to the Indian Constituent Assembly, came into effect. Independence day celebration of NCC unit , Sree Sankara college was celebrated on 15/08/2023. Fallin time was at 7.30 am with a count of 52 cadets. Flag hoisting was at 9.30 am in the presence of ANO Lt . Rajy Ramakrishnan ma'am and principal Preethy Nair ma'am. Independence day message was given by Preethy ma'am.A moral address was mentioned by Lt. Rajy Ramakrishnan ma'am . We had a drop in , ex ncc cadet Amal from the batch 2016-19 who is preparing to join the police force. The parade to mattoor*

that began at 9.50 am was a prominent one. An astounding performance was displayed at mattoor junction. The parade reached back to college at 11.55 am. The meeting ended by 12.00 pm.

## SUICIDE PREVENTION OBSERVATION DAY

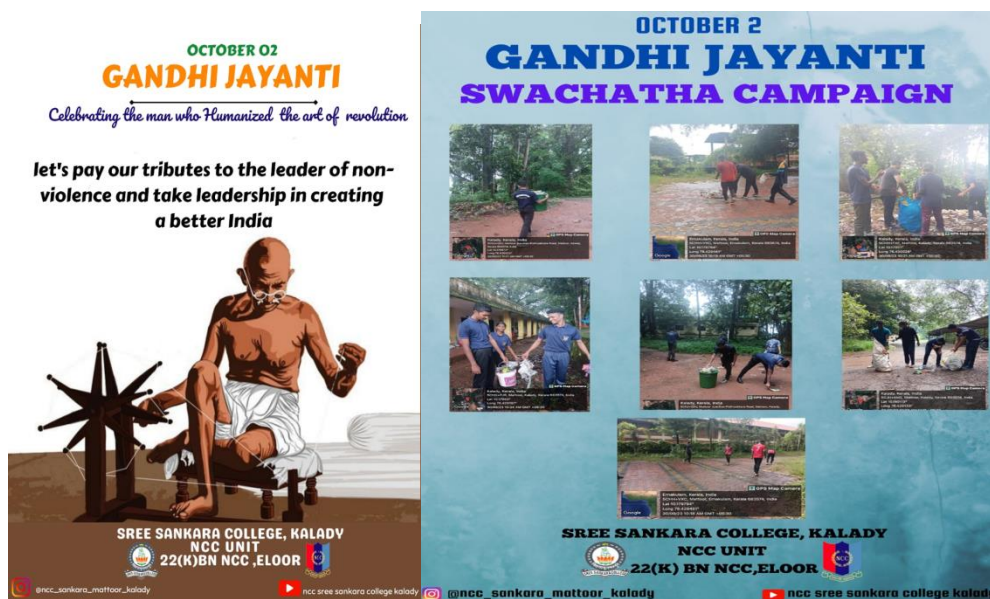


@ncc\_sankara\_mattor\_kalady

ncc sree sankara college kalady

- *Suicide Prevention Awareness Class Was Conducted By Jeevani Centre Of Students Wellbeing, Ncc Unit And Nss Unit Of Sree Sankara College, Kalady On September 11, 2023. All The Cadets Gathered At College Indoor At 10am. And Thereby Reached At Seminar Hall At 10:15am. The Programme Has Been Started By 11:00am. The Welcome Speech Delivered By College Councillor Abhirami Maam. The Presidential Address Was Given By College Principal Dr. Preethi .M. Nair. An Introduction Speech Was Given By Nss Coordinator Anoop Sir. Then The Awareness Class Was Given By Chief Guest Dr. Arachana Aravindan The Assistant Professor Of Sree Kerala Varma College Thrissur. After The Class The Feedback Was Given By The Ncc Cadets And Nss Volunteers. At 1:00pm The Programme Was Concluded By The Vote Of Thanks Of Dr Rahul Ramesh Sir.*

*Gandhi Jayanthi ( SWACHATHA CAMPAIGN)*



- *As Part Of Gandhi Jayanthi Ncc Cadets Of Sree Sankara College Kalady Cleaned The Colege Premises To Keep It Plastic Free.All The Waste Materials Were Collected And Stored.On 2nd October Two Ncc Cadets Joined The Kalady Grama Panchayath Members I During Their Gathering.They Offered Flowers To The Tomb Of Gandhi With Due Respect .After Paying Tribute To Mahatma Gandhi The Meeting Was Dispersed.*

**BODHI MEMORY WALK**

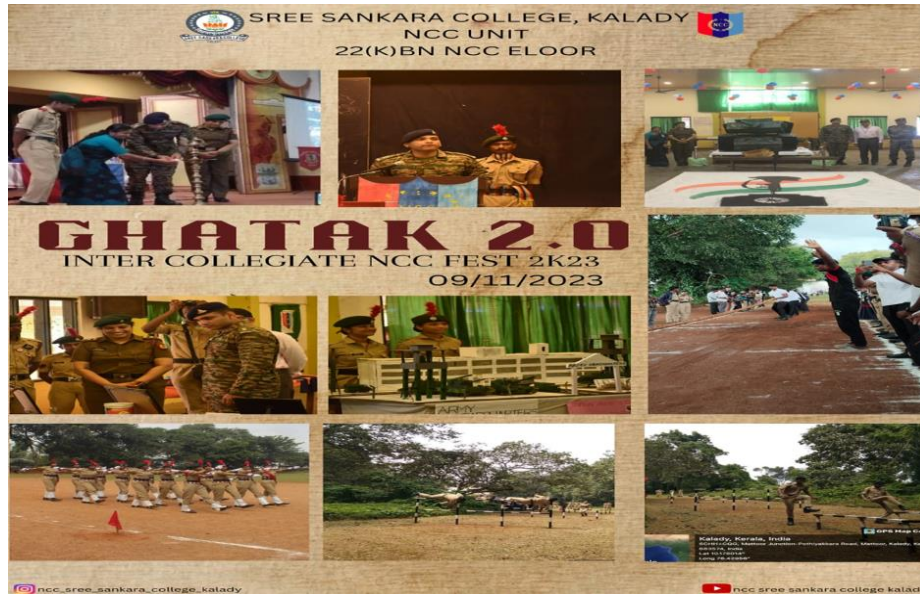




- *The Cultural Events Commenced By 3.00pm. Bodhi Memory Walk Started By 3.45. The Walk Reached At Darbar Hall Ground By 4.30. Students Were Dispersed For Refreshments. Cultural Events Continued .Mime And Parade Dance Were Performed By Ncc Cadets Of Sree Sankara College Kalady. After The Cultural Events The Inauguration Ceremony Commenced By 5.15 .Our Cadets Gave Piloting To The Higher Education Minister And Mp .After The Cereomony And Felicitation The Programme Came To An End.*

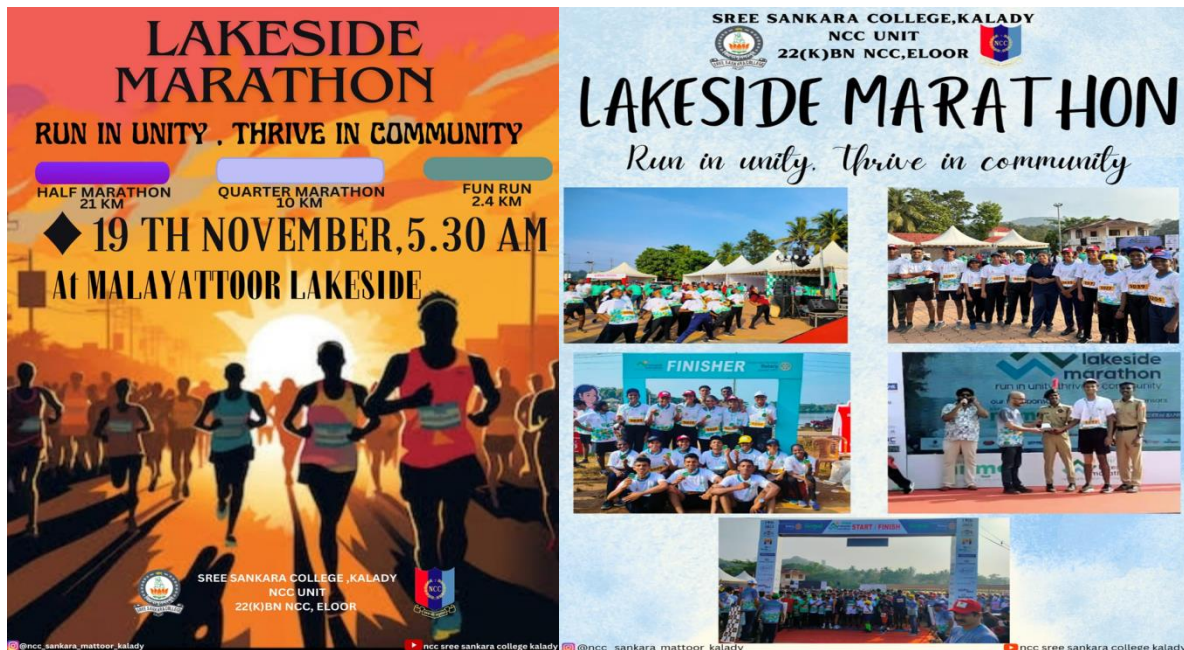
## GHATHAK 2.0





- SS College, Kalady Hosts Spectacular NCC Fest on November 9, 2023, Kalady, November 9, 2023\* - SS College, Kalady, witnessed a magnificent display of military discipline and camaraderie as it hosted the NCC fest 'Ghatak 2.0' on November 9, 2023. The event was graced by the distinguished presence of the Administrative Officer of the 22 Kerala Battalion NCC, Eloor, Maj. Dween Paul. A powerful Presidential Address was delivered by Principal Preethi Nair. Lt. Rajy Ramakrishnan delivered a motivating felicitation speech. As a part of the fest, various inter-collegiate events were organized, showcasing the talents and skills of NCC cadets. These included the Contingent Parade, Obstacle Training Competition, and the fiercely contested Tug of War. One of the highlights of the event was an impressive exhibition featuring rifles and other military-related items.*

## LAKESIDE MARATHON



- *Lakeside Marathon Was Organised On 19/11/2023 At Malayattoor Lakeside. The Program Began By 5.30 Am.37 Cadets Participated In The Marathon. There Were 24 Participants And 13 Volunteers. At 5.30am Volunteers Were Allotted Their Positions To Guide The Participants. The Half Marathon Of 21 Km Started By 6.00 Am Followed By Quarter Marathon Of 10km And 2.4km Fun Run At 8.00 Am.Organizers Provided T-Shirts To Participants And Volunteers. The Price Distribution Ceremony Began By 9.00 Am. Ncc Unit Of Sree Sankara College, Kalady Was Awarded For Our Service. The Program Concluded By 10.00 Am.*

## SANTASIO

**SANTASIO**  
*Be a santa in someone's life*  
*"Let's make this christmas memorable for someone".*

ALL DONATIONS ARE ACCEPTED FOR  
**SAI SANKARA SANTHI KENDRAM**

**Help us to brighten this christmas season for them by being a part of us.**

SREE SANKARA COLLEGE KALADY  
NCC UNIT  
22(K)BN NCC, ELOOR

Instagram: @ncc\_sree\_sankara\_college\_
YouTube: ncc sree sankara college kalady
Facebook: @ncc\_sree\_sankara\_college\_
Twitter: ncc sree sankara college kalady

*Be a santa in someone's life*  
**SANTASIO**  
St. STANI BHAVAN OLD AGE HOME,  
THAVALAPPARA

SREE SANKARA COLLEGE, KALADY  
NCC UNIT  
22(K)BN NCC, ELOOR

Instagram: @ncc\_sree\_sankara\_college\_
YouTube: ncc sree sankara college kalady

- On Dec 27, Ncc Unit Of Sree Sankara College Kalady Visited Stany Bhavan, Thavalappara . 25 Cadets Were Present. The Program Began At 10.00 Am. The Presence Of Ano Lt. Rajy Ramakrishnan Ma'am Made The Program More Bright. Medicines Were Donated To The Occupants. Various Arts Were Performed By The Cadets. The Occupants Also Performed Their Talents. Food Were Served To The Occupants And The Program Dispersed By 1.00 Pm

## INDIAN ARMY DAY

**76TH INDIAN ARMY DAY**  
January 15, 2024

*"Your courage is our freedom, your sacrifices our security. Soluting the spirit of our soldiers on Indian Army Day."*

SREE SANKARA COLLEGE, KALADY  
NCC UNIT  
22(K) BN NCC, ELOOR

Instagram: @ncc\_sree\_sankara\_college
YouTube: ncc sree sankara college kalady

**76 TH INDIAN ARMY DAY**  
JANUARY 15, 2024

SREE SANKARA COLLEGE, KALADY  
NCC UNIT  
22(K) BN NCC, ELOOR

Instagram: @ncc\_sree\_sankara\_college
YouTube: ncc sree sankara college kalady

- *Every year on January 15, Indian Army Day is observed to honour the 1949 commissioning of the Indian Army's first Indian contingent. It's a day to celebrate the bravery, selflessness, and steadfast dedication of the Indian Army to preserving the security of the country. NCC cadets of sreesankara college conducted a program honouring the brave soldiers from 13:30-14:15. Program started in the auspice presence of ANO Ma'am LT.Rajy ramakrishnan.Ma'am addressed the welcome speech on Indian Army day, followed by patriotic dance and parade dance of 1st and 2nd years of sree sankara college.*

## SNEHAVEEDU



- *In line with the spirit of the National Service Scheme and its commitment to community service, the NSS Unit 048, Sree Sankara College enthusiastically undertook the "Snehaveedu" project. This university-level initiative aimed to instill a sense of care and responsibility for others among the volunteers while addressing the housing needs of underprivileged families. The project involves building a 360 sqft house for Shakuntala Manimaran and her financially struggling family.*

1. *Project Details: The construction which is in its last phase takes place in the nearby locality of the college. Shakuntala Manimaran's family, facing dire circumstances, became the beneficiary of this compassionate initiative.*

2. *House Specifications: The house which has been built for Shakuntala Manimaran measures 360 sqft, providing a secure and comfortable living space. The design incorporated essential amenities to ensure a decent standard of living. Special attention is given to the structural integrity and durability of the construction.*

3. *Budget: The project has been executed with a budget of 6 lakhs. The efficient utilization of funds ensures that the project stays within budget while maintaining high-quality standards.*

*The heart of the "Snehavedu" project lies in the active participation of NSS volunteers. Their commitment to community service is evident in the effective undertaking of the project. They work collaboratively to raise the fund for the project, thereby learning valuable lessons about teamwork, leadership, and the impact of collective effort on community development.*

*The primary beneficiary, Shakuntala Manimaran, her husband and their three children will have a secure and dignified living space, upon the completion of the project. The house not only provides physical shelter but also offers emotional relief, fostering a sense of stability and hope for a brighter future.*

*"Snehavedu" exemplifies the power of community service in transforming lives. This project undertaken by NSS Unit 048 at Sree Sankara College has not only contributed to addressing the housing needs of the underprivileged but has also nurtured a generation of socially conscious and empathetic individuals.*

*The unit has also undertaken the responsibility to construct two additional houses under "Snehavedu" project. The necessary paper work is nearly complete, marking a significant step towards fulfilling this commitment.*

## SCHOOL ADOPTION PROJECT



- NSS Unit 048 has undertaken a noble initiative by adopting Government UP School in Kaipattoor, Kalady, as a part of the school adoption programme. The aim is to contribute to the holistic development of school children and raise awareness among volunteers. Several programmes have been organised, fostering a positive impact on both the students and the volunteers.*

### 1. Cheers to New Beginnings:

*The school year began on a festive note as NSS Unit 048 welcomed the small kids to their first class on June 1. The volunteers distributed sweets and study materials to the*

*kids newly admitted to the school. The inauguration ceremony was graced by the presence of the Panchayat President, adding significance to the event.*

*2. Environment Day Celebration:*

*On June 5, NSS Unit 048 organized Environment Day celebrations "Parnika". As a part of "Parnika", the volunteers planted saplings, including fruit-bearing trees, within the school premises.*

*3. Independence Day Celebration:*

*As part of the Independence Day, NSS volunteers actively participated in organizing the event at the school. The celebration featured vibrant cultural programmes that showcased the talents of both NSS volunteers and school children. School children, under the guidance of teachers, also exhibited their talents, creating an atmosphere of unity and celebration. NSS volunteers played a dual role in the celebration – as organizers and active participants. The volunteers distributed flags and sweets to the school children.*

*4. Kunjudup:*

*As a part of the Onam celebrations, NSS Unit 048 organized "Kunjudup" on August 25. Financially backward children of the school were provided with new dresses, spreading joy and ensuring their active participation in the festivities.*

*5. Karate-Kids:*

*As part of enhancing the students' physical well-being and self-defense skills, NSS Unit 048 initiated the Karate-Kid programme. Trained volunteers conduct sessions every Friday, instilling self-confidence and empowering the students. The programme was officially inaugurated on September 20, emphasizing the importance of personal safety and discipline.*

*6. Infrastructure Development:*

*In an effort to contribute to the school's infrastructure, NSS Unit 048 donated a toilet door worth 3000 rupees. This small but essential contribution aids in creating a more conducive learning environment for the students.*



## 7. Vegetable Garden:

During the seven day residential camp of second year volunteers, a vegetable garden was established to promote sustainable practices, enabling the school to use the produce in its daily meals. Cleaning activities were also conducted to maintain a clean and healthy environment.

### SNEHARAMAM



- The NSS unit 048 became an active part of "Sneharamam," a government initiative aimed at minimizing garbage disposal sites and transforming them into beautiful gardens. Taking a step towards environmental consciousness and community beautification, the unit identified a garbage disposal site allocated to the college in Ward 17. Recognizing the potential to contribute positively to the environment, volunteers undertook extensive cleaning activities. The students improved the area by cutting and removing the deep rooted grasses. The area was cleared of litter, debris, and other plastic waste materials that was handed over to the Harithakarmasena. Following the cleanup, the volunteers started on the task of transforming the once-neglected space into a garden. They engaged in planting a variety of flowers, shrubs, and other greenery to enhance the aesthetics of the area. The culmination of NSS Unit 048's efforts was marked by a dedication function of the "Sneharamam" held on January 24. The event was attended by Panchayat President, Ward Member, Principal

of the college, Programme Officers and enthusiastic volunteers. The dedication ceremony symbolized not only the physical transformation of the space but also the unit's commitment to community welfare and environmental sustainability.

## YUVA UTSAV



- On June 16, the NSS unit at Sree Sankara College collaborated with Nehru Yuva Kendra to host a vibrant one-day event, "Yuva Utsav," celebrating the talent and energy of youth under 25 from various institutions. The event showcased a diverse array of performances, bringing together young talents to create a memorable and culturally enriching experience. The event served as a platform for young individuals to express themselves through various programmes. The afternoon session was particularly captivating, featuring traditional art forms such as Kalari (a traditional Indian martial art) alongside other cultural performances. The inclusion of these traditional art forms added a rich cultural flavor to the event, connecting the present generation with the roots of Indian heritage. The inclusion of traditional art forms like Kalari added a

*unique touch, creating an immersive experience that celebrated both contemporary and traditional expressions of youth culture.*

## BLOOD DONATIONA CAMP



- *NSS Unit 048 and Red Ribbon club of the college jointly organized a Blood Donation Camp on July 13 in collaboration with Aluva Blood Bank, reflecting the commitment of the unit to community welfare and healthcare. The Blood Donation Camp began with a formal inauguration ceremony by the college principal. A total of 50 individuals, comprising NSS volunteers, students, teaching and non-teaching staff, participated in the blood donation camp. The collaboration with Aluva Blood Bank ensured a smooth and organized execution of the blood donation camp. The Blood Donation Camp proved*

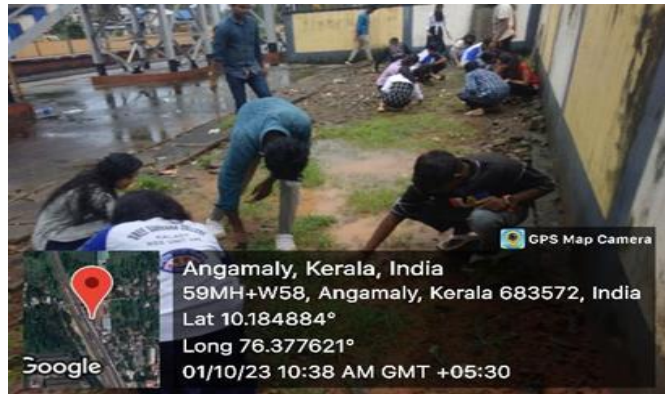
to be a success, yielding positive outcomes and making a significant impact on the community

## HARITHAKERALAM



- *In collaboration with Kalady Panchayath, NSS Unit 048 initiated a campaign to extend the reach of Harithakarmasena services to households in Kalady Panchayath. NSS volunteers after attending a training session formed dedicated groups with the help of Asha workers and Harithakarmasena members and undertook a door-to-door campaign to install QR codes, facilitating easy access to the services offered by Harithakarmasena on August 18. The primary objective of the initiative was to enhance awareness and accessibility to Harithakarmasena services among the residents of Kalady Panchayath. The use of QR codes aimed to streamline the process of availing services related to waste management, promoting a cleaner and greener environment. NSS volunteers, organized into groups, visited households across Kalady Panchayat to install QR codes. The QR codes were strategically placed to ensure visibility and ease of use. Each code provided a direct link to Harithakarmasena services, allowing residents to conveniently access information and request assistance related to waste disposal and environmental initiatives.*

## SWACHHATA HI SEVA (CLEANING DRIVE AT ANGMALY RAILWAY STATION)



- NSS Unit 048 actively participated in the nationwide "Swachhata Hi Seva" initiative, a cleanliness drive aimed at promoting cleanliness and hygiene across various public spaces. As part of this initiative, the volunteers undertook a thorough cleaning drive at Angamaly Railway Station. The primary objective of the cleaning drive was to contribute to the larger goal of creating a clean and hygienic environment, especially in public spaces like railway stations. To instil a sense of responsibility and awareness among volunteers and the community regarding the importance of maintaining cleanliness, NSS volunteers engaged in a variety of cleaning activities at Angamaly Railway Station on October 1st. They actively cleaned platforms, removing litter, debris, and other plastic waste. The unit collaborated with railway authorities and station management for a coordinated effort. Prior coordination ensured the smooth execution of the cleaning drive and facilitated access to necessary resources for waste disposal.*



- The primary objective of the NSS volunteer visit to Sai Sadan, an old age home, was to extend companionship, care, and support to individuals who find themselves in a vulnerable and often overlooked phase of life. The visit was on October 2nd and was aimed aimed to create a meaningful connection with the residents, offering emotional*

support and uplifting their spirits. NSS volunteers engaged in one-on-one interactions with the residents, providing a listening ear and sharing conversations. The volunteers aimed to alleviate feelings of loneliness and foster a sense of belonging among the elderly residents. To bring joy and entertainment, the volunteers organized cultural programmes including songs and dances. These activities not only showcased the talents of the volunteers but also brought smiles to the faces of the elderly residents. The visit to Sai Sadan had a profound impact on the NSS volunteers.

### *MERI MATTI, MERA DESH*



- As part of their commitment to community service and environmental awareness, NSS volunteers actively participated in the "Meri Matti, Mera Desh" initiative. The central focus of this programme was to foster a sense of connection with the soil and promote environmental consciousness. NSS volunteers enthusiastically took part in the soil collection event. They gathered soil from various locations symbolizing the diversity and richness of the land. The collection process was not only a physical activity but also a symbolic gesture, emphasizing the importance of preserving and respecting the earth. The primary objective of the "Meri Matti, Mera Desh" initiative was to instill a sense of pride and connection among the volunteers towards their land. The collected soil, representing the diverse geographical regions, was symbolic of the unity in diversity within the nation and was handed over to the concerned persons in the district inauguration of the initiative on October 14th held at ASIET, Kalady. This initiative sought to create a shared understanding of the importance of preserving the environment and fostering a sense of responsibility towards the land.

## PLASTIC-FREE CAMPUS INITIATIVE



- *In connection with Republic Day on January 26, plastic was picked to contribute to the ongoing efforts to make the campus plastic-free.*

## GENDER AWARENESS CLASS



- *KSWDC-SAKHI in collaboration with the Department of English and SAMSARA, organized an insightful event titled "Let's Talk on Gender" on March 31, 2023, at the college auditorium. The event aimed to foster dialogue and awareness on gender-related issues, featuring Smt. Vijayarajamallika, a distinguished poet and social activist from Thrissur, as the keynote speaker. The event commenced promptly at 2:00 PM with a welcoming address from the organizers, highlighting the significance of open discussions on gender equality and empowerment. Smt. Vijayarajamallika took the stage and delivered a thought-provoking keynote address, drawing from her extensive experience as a poet and social activist. She eloquently addressed various aspects of gender dynamics, shedding light on societal norms, stereotypes, and the importance of*

*inclusivity. Throughout the event, the atmosphere was charged with intellectual energy and a commitment to fostering positive change. The organizers ensured a conducive environment for constructive dialogue, allowing participants to express diverse perspectives and experiences. In conclusion, the "Let's Talk on Gender" event served as a catalyst for raising awareness and promoting dialogue on pressing gender-related issues. By bringing together students, faculty, and esteemed guest speakers like Smt. Vijayarajamallika, the organizers successfully created a platform for meaningful discourse and reflection, reaffirming the importance of collective action towards gender equality and social justice.*



- SAKHI, the Women's Cell of Sree Sankara College, Kalady, in collaboration with KSWDC, successfully organized a one-day workshop titled "One for All and All for One" on December 19, 2023. The event aimed to promote unity, solidarity, and empowerment among women, emphasizing the importance of collective action and support. The workshop commenced with a prayer at 10:00 AM, setting a reflective and harmonious tone for the day's proceedings. Smt. Nimmi Narayanan, the Women's Cell Coordinator, delivered a warm welcome address, extending gratitude to all participants



and highlighting the significance of the workshop's theme. Dr. Preethi Nair, the Principal of Sree Sankara College, Kalady, delivered the presidential address, emphasizing the institution's commitment to gender equality and empowerment. Smt. Indu K. S., Associate Professor from DB College, Thalayolaparambu, delivered an insightful keynote address, sharing valuable perspectives on the theme of unity and solidarity. Dr. Manju T., the IQAC Coordinator, and Smt. Lakshmi Priya M. R., Head of the Department of Malayalam, offered felicitations and the vote of thanks, respectively, acknowledging the contributions of the speakers and participants towards the success of the workshop. The technical sessions, facilitated by Smt. Indu K. S., provided a platform for in-depth discussions and practical insights on fostering unity and support among women. The sessions were well-received, with active participation from attendees, including faculty members and students. A tea break was provided at 11:30 AM, offering participants an opportunity for networking and informal discussions. The workshop resumed with two additional technical sessions, fostering continued engagement and learning. In conclusion, the "One for All and All for One" workshop served as a valuable platform for promoting unity, solidarity, and empowerment among women. Through informative sessions and interactive discussions, the event contributed to raising awareness and fostering a supportive community within the college. The collaborative efforts of SAKHI, KSWDC, and all participants ensured the success of the workshop, reaffirming the importance of collective action in advancing gender equality and empowerment.

#### **WOMEN'S DAY WALKATHON**

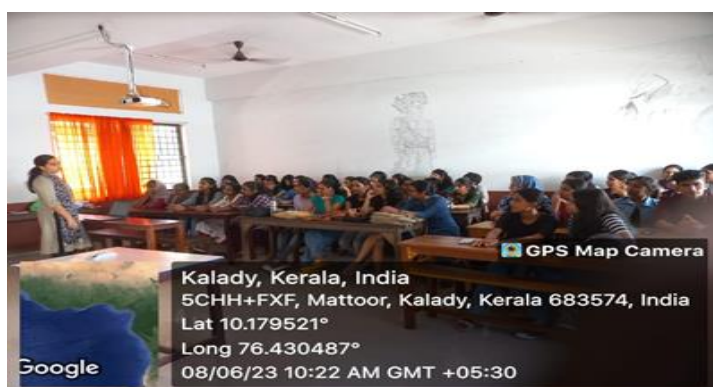
- Angamaly O&G Society, in association with KFOG&SAKHI wing of Sree Sankara College, Kalady, organized a Women's Day Walkathon on March 11th, 2024. The event, themed "Women's Health...a priority" & "Be proud of your miles," aimed to raise awareness about women's health issues and celebrate the achievements of women. The Walkathon commenced at 7:30 AM from the Kalady Bus Stand and was flagged off by Dr. Aparna Nangiar, recipient of the Sangeet Akademi Yuva Puraskar Award 2023-24. The event kicked off with a vibrant flash mob, featuring members of AOGS, students, and onlookers, setting a lively atmosphere for the walkathon. Dr. Gisy Kurien, President of AOGS, delivered an inspiring Women's Day talk, emphasizing the importance of prioritizing women's health. Dr. Vivek Kumar, Joint Secretary of KFOG, delivered the felicitation, acknowledging the significance of the event in promoting women's well-being. During the walkathon, participants, including Dr. Bindu Suresh, Dr. Elizabeth

Jacob, Dr. Chandrika, and Niranjana, carried KFOG placards, symbolizing their support for women's health initiatives. The walkathon culminated at the college grounds, where participants engaged in discussions and activities centered around women's health awareness. The event garnered media attention, further amplifying the message of women's health awareness to a wider audience. Overall, the Women's Day Walkathon proved to be a successful endeavor, bringing together members of the community to advocate for the health and well-being of women and celebrate their contributions to society.



## COUNSELLING SESSION: TOXIC RELATIONSHIPS

*A seminar on the theme of 'Toxic Relationships' was conducted on June 8th, 2023 at Sree Sankara College, Kalady, under the auspices of the Department of Biotechnology. The seminar aimed to delve into the intricacies of relationships, highlighting their significance, complexities, merits, demerits, and the potential toxicity that may arise within them. With an audience comprising approximately 40 students from DC II and DC III batches of B.Sc Biotechnology, the event promised to offer insights and reflections on a crucial aspect of human interaction. Ms Christy, the esteemed student counsellor of Sree Sankara College, took centre stage to illuminate the audience on the multifaceted nature of relationships. Leveraging the dynamic platform of a PowerPoint presentation, Ms. Christy embarked on a comprehensive discourse, navigating through the various dimensions of relationships with clarity and depth.*



## INTERNATIONAL YOUTH DAY



- In connection with International Youth Day-2023 a quiz competition was conducted on 16th August 2023 and the winners were awarded cash prizes. (1Prize-Vishnu S Nathan,

DCI Biotechnology, 2Prize- Afseena DC II Microbiology, 3 Prize- Ananya, DCIII Biotechnology).

## WORLD AIDS DAY 2023



### AIDS DAY PLEDGE

VENUE: CENTRAL SQUARE  
TIME: 10 AM  
DATE: 1ST DEC 2023

DO JOIN US!

RED RIBBON CLUB NSS UNIT  
SREE SANKARA COLLEGE KALADY

A poster for World AIDS Day 2023. It features a large red ribbon in the center, set against a light grey world map. The text "DECEMBER 1st" is at the top, and "WORLD AIDS DAY" is at the bottom. Below the ribbon, it says "LET COMMUNITIES LEAD".

**RED RIBBON CLUB**  
SREE SANKARA COLLEGE KALADY

1 DECEMBER 2023

**WORLD AIDS DAY**

LET COMMUNITIES LEAD

**COMPETITIONS:**

**PowerPoint Presentation**  
Time: 11 am – 12 pm

**Puzzle**  
Time: 11.30 - 12.30 pm

**Poster Making**  
Time: 10 – 12 pm

**Venue: College Auditorium**  
**Date: 7.12.2023**

Cash prize will be awarded to the winners  
Kindly register through the link provided on/before 4.12.2023

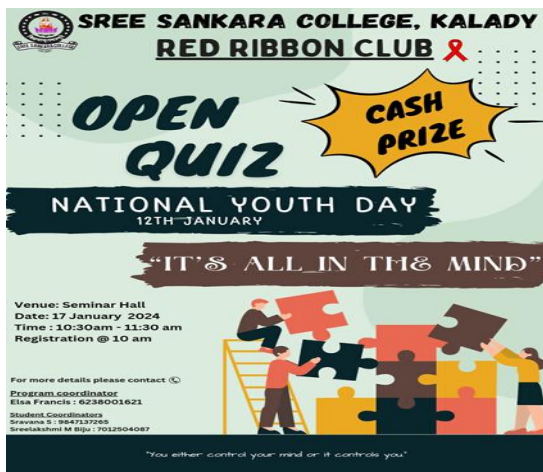
STUDENT CO-ORDINATORS  
SANDRA SABU, DCII MICROBIOLOGY  
SREELAKSHMI M SHU, DCII ZOOLOGY

**KSACS**  
Kerala State AIDS Control Society



- World AIDS Day 2023 Pledge - Dr. Preethi Nair, Principal, Sree Sankara College, Kalady delivered the pledge and inaugurated the function on 01.12.2023. Poster and Puzzle competitions were conducted on 07.12.2023 to create awareness on HIV among the students. Winners of Poster competition-I prize Abhirami Babu DCI B.Com Tax, II prize- P. Rudrashanker PGI Environmental Science, III Prize- Gopika M DC I Botany. Puzzle competition -I Prize Gopika M, II Prize Arya K.P, III Prize Anjitha P.S DC I Botany)

## NATIONAL YOUTH DAY 2024 OPEN QUIZ



- In connection with National Youth Day-2024, an open Quiz Competition was conducted on 17.1.2024 based on the topics HIV/AIDS & Swami Vivekananda. Winners: I Prize- Vishnu S Nathan DCI Biotechnology, II Prize-Nikitha Maria DCII Biotechnology III Prize-Ameena Shameer DCIII Maths.

### AIDS AWARENESS-HOARDINGS FIXED IN THE CAMPUS





- As a token of appreciation, Red Ribbon Club, Sree Sankara College, Kalady received a memento from the Regional Blood Transfusion Centre, District Hospital, Aluva on 14.06.2023 for organising Voluntary Blood Donation Camps.

  
Prof. (Dr.) ANILKUMAR M.  
Principal  
Sree Sankara College  
Kalady - 683 574  
Ernakulam, Kerala

