

REPORT OF THE PROGRAMME CONDUCTED



Dept. of
Sree Sankara College Kalady

Title of the activity International Yoga Day

Date and Time 20/06/2022

Resource person

Nature of activity

Type of Activity ,

Linkage Activity

Convener

Number of participants 0

Report of the activity International Yoga Day was organised by the Dept. of Sanskrit. Sri. Vipin Gurukkal, faculty of Yoga, NSQF Yoga Instructor programme guided students and teachers for the yoga performance. Dr. Anilkumar V V, Faculty of Sanskrit delivered a talk on Yoga Philosophy.

Outcome of the activity



International Day of Yoga

2022 June 21



Celebrating @
SREE SANKARA COLLEGE KALADY



Group Yoga Session @ 10.00 AM

Trainer: **Sri. Vipin Gurukkal**



Indoor Stadium



Yoga Day Talk@12.00 Noon

Speaker: **Dr. Anilkumar V V**

(Asst. Professor, Dept. of Sanskrit, Sree Sankara College Kalady)



Seminar Hall